

TRANSGENDER YOUTH GROUPS IN NJ

Safe spaces for trans, gender non-conforming, agender, non-gender conforming, and other gender diverse individuals, allies, and families!

HiTOPS

❖ Trans Youth Group

2nd & 4th Sundays, 4-5:30pm
HiTOPS, 21 Wiggins St.
Princeton, NJ
Age range 13-21
www.hitops.org

Contact: Corrine O'Hara, 609-683-5155 x217,
corrine@hitops.org

Gender Spectrums Support Network

❖ TransTime Social Support Group

1st & 3rd Wednesdays, 7-9pm
805 4th Ave., Asbury Park, NJ
For youth of all ages

❖ Church House of the Presbyterian Church

4th Wednesdays, 7-9pm
352 Sycamore Ave., Shrewsbury, NJ
For trans* folks and allies of all ages
www.genderspectrumssupportnetwork.org

Contact: Margo Saltzman, 732-531-4280
MargoSaltzman123@verizon.net

Garden State Equality

❖ North Jersey Transgender, Gender Non-Conforming and Questioning Youth Group

2nd Thursdays, 5:30-7pm
Garden State Equality Headquarters
40 South Fullerton Ave., Montclair, NJ
Ages 13-20
www.gardenstateequality.org

Contact: 202-744-4653,
info@gardenstateequality.org

Pride Center of New Jersey

❖ TrueSelves

3rd Sundays, 4-6pm
The Pride Center, 321 Raritan Ave.
Highland Park, NJ
Recommended for trans individuals 18+
www.pridecenter.org/groups

Contact: Samantha Nokes,
noksammie@gmail.com, or
Pride Center, 732-846-2232

African American Office of Gay Concerns

Open Monday-Friday, 10am-5pm
877 Broad Street, Suite 211, Newark, NJ
Call for information about support groups, events,
HIV rapid testing, and other health resources
Contact: aaogcnewark@gmail.com, 973-639-0700

Institute for Personal Growth - IPG

❖ Youth and Parent Support Groups

3rd Saturdays, 12:30-2pm
1119 Raritan Ave., Highland Park, NJ
Age range 13-21
www.ipgcounseling.com
Contact: 800-379-9220 or 732-246-8439
Cost: Sliding scale fee; insurance accepted, see
website for details.

Pathways

❖ Transgender Support Group

2nd Saturdays, 7-11pm
Bergen County, NJ
www.pathwaystg.org
Contact: sunnimoss@verizon.net to join the
group.

HiTOPS
Promoting Adolescent Health & Well-being



A collaboration of HiTOPS and Gender Spectrums Support Network. Updated September 2014.
Add your group by filling out the survey at <http://bit.ly/NJlgbtGroups>

Transgender Support Group

❖ Free drop-in group for ages 18-26
Meeting dates and times TBA
133 Franklin Corner Road, second floor,
Lawrenceville, NJ
Contact: Tracey Post, LCSW, 609-375-8727

Hudson Pride

❖ **TransView**
Every Tuesday, 6-8:30pm
32 Jones St., Jersey City, NJ
Age range 13-20
All trans allies are welcome on the last Tuesday
of every month
www.hudsonpride.org

Contact: Kimberly Adams, 201-963-4779 x116,
kim@hudsonpride.org

PFLAG Princeton

❖ **T-Net Parent Support Group**
2nd Mondays, 7-9pm
Trinity Church
33 Mercer St., Princeton, NJ
www.pflagprinceton.org
Contact: Pflag.TNET.Princeton@gmail.com;
Corrine O'Hara, 609-683-5155 x217,
corrine@hitops.org; Terri Gans,
terri.gans@gmail.com

PFLAG Collingswood

❖ **Transgender support group**
4th Mondays, 6:30-9:30pm
Collingswood Community Center
30 W. Collings Ave.
Collingswood, NJ

Contact: Dr. Lee Ann Etscovitz,
leeannetscovitz@me.com

PFLAG Jersey Shore

❖ **Transgender/Transfamilies Support Group**
3rd Mondays, 7pm
Church House of the Presbyterian Church
352 Sycamore Ave., Shrewsbury NJ
www.jerseyshorepflag.org

Contact: Abby Maisonave, 908-814-2155,
jspflag@gmail.com

Bergen County PFLAG

❖ **Transgender Support Group**
3rd Wednesdays, 7:30pm
Temple Beth Or
56 Ridgewood Road, Washington Twp, NJ
www.bergenpflag.org

Contact: Wendy, wschwa@optonline.net

NJ Support Group

❖ **Open Transgender Support Group**
1st Saturdays, 7pm
Washington's Crossing, NJ

Contact: www.njsg.org to attend a meeting
Cost: \$10 for members and \$15 for non-members

